



LOAF ITALIAN RESTAURANT

STARTER

Daily Soup (vg) - \$10.95

Bruschetta Classic (veg, vg) - \$11.95
tomato, garlic, basil and olive oil served with
our focaccia

Citrus Salad (gf, veg, vg) - \$12.95
salad with orange, blood orange, grapefruit,
fennels, ricotta, and dill with Italian salad
dressing

Mozzarella Sticks (gf) 4pcs - \$11.95
breaded in gluten-free panko and deep-fried

Cheese Board (veg, gfo) to share - \$24
3 sorts of Italian cheese served with ricotta,
cranberry jam, dry apricot, walnut, and
homemade focaccia

Charcuterie Board(gfo) to share - \$34
3 sorts of Italian deli and cheese served with
tapenade d'olive, ricotta, cranberry jam,
walnut, and homemade focaccia

*Loaf Charcuterie Board (gfo) Party size (4-6) -
\$55*
5 sorts of Italian deli and cheese served with
tapenade d'olive, ricotta, cranberry jam, dry
apricot, walnut, homemade focaccia

PASTA & RISOTTO

Pasta al Ragu - \$26
home made veal ragu

Pasta al Puttanesca (veg, vgo) - \$20
Tomato, olive, capers, chili peppers and garlic

Creamy Risotto with mushroom (veg, gfo) - \$22
Risotto rice, mushrooms, cream, garnished with
micro greens

**We have gluten-free pasta with all the pasta sauces
above.*

MAIN COURSE

Pork Cutlet (gfo) - \$25
Breaded pork cutlet pan-fried and drizzled white
vinegar; served with a lemon wedge and a side dish
of oven-roasted baby potatoes and arugula salad
with cherry tomatoes and shaved parmesan

Chicken Cutlet (gfo) - \$25
Breaded chicken cutlet pan-fried and drizzled white
vinegar; served with a lemon wedge and a side dish
of oven-roasted baby potatoes and arugula salad
with cherry tomatoes and shaved parmesan

Loaf Pizza Bun Burger - \$26
Our pizza dough bun, beef patty, tomato slice,
provolone cheese, arugula, caramelized onion, pesto
sauce with a side dish of oven-roasted baby potatoes
and arugula salad with cherry tomatoes, and shaved
parmesan

Fish of the week(gf) - \$26-\$37
served with sauteed vegetables

PIZZA

Pizza Margherita - \$22
Italian tomato sauce, bocconcini, basil, mozzarella,
extra virgin olive oil

So Canadian - \$24
Cream base, mozzarella, white cheddar, bacon,
walnut and maple syrup

Pizza Vegetarian(veg, vgo) - \$24
Italian tomato sauce, mozzarella, grilled red bell
peppers, eggplant fries, mushrooms, sunflower seeds,
zucchini carpaccio, micro greens and extra virgin
olive oil

Pizza Verde (veg, vgo) - \$24
Kale pesto sauce base, mozzarella, bocconcini,
cherry tomato, kale chips, pumpkin seeds and extra
virgin olive oil

Diavola - \$26
Italian tomato base, mozzarella, grilled red bell
peppers, kalamata olives, Sicilian spicy nduja (en-
doo-ya), micro greens and extra virgin olive oil

Pizza Gabriel - \$26
Italian tomato sauce, mortadella, mushroom,
bocconcini, pistachio, basil and extra virgin olive oil

Pizza ai Quattro formaggi - \$26
Cream sauce base, mozzarella, asiago, provolone,
gorgonzola, walnut, parsley and black pepper

Loaf Pizza - \$28
Italian tomato sauce, mozzarella, arugula,
prosciutto crudo, burrata, cherry tomatoes, extra
virgin olive oil and fine sea salt



DESSERT

Tiramisu - 13\$
with mascarpone

Mango Sorbet (gf,vg) - 10\$
frozen mango

Sangria Sorbet (gf,vg) - 13\$
frozen peach and strawberries with red wine

Chocolate Lava cake - 13\$

HOT DRINK

Espresso - \$3 *Cafe Lungo - \$3*
Macchiato - \$4 *Cappuccino - \$4.5*
Cafe Latte - \$4.5 *Cafe Americano - \$3.5*

Brew Coffee - 4\$ refillable
Assorted Tea - 3.5\$
Italian Hot Chocolate - 6\$

POPS

Pepsi / Diet Pepsi / Ice Tea / Ginger Ale /
7 Up - 3.5\$

San Pellegrino Orange/Lemonade/Blood
Orange/Pomegranate and Orange - 4\$

MOCKTAILS

Shirley Temple - \$5, Roy Rogers - \$5
Virgin Mojito - \$5, Virgin Ceaser - \$5



DAILY LUNCH SPECIALS

MONDAY

Broccoli soup - \$10.95
Arancini - \$8.95
Beef/eggplant dish with mashed potato - \$17

TUESDAY

Red Lentil soup - \$10.95
Arancini - \$8.95
Chicken and veggie dish with rice - \$17

WEDNESDAY

Pumpkin cinnamon soup - \$10.95
Arancini - \$8.95
Gnocci al arrabbiata (spicy) - \$15

THURSDAY

Potato and Leek soup - \$10.95
Arancini - \$8.95
Spaghetti with meatball - \$17

FRIDAY

Minestrone with white beans - \$10.95
Arancini - \$8.95
Lasagna classic - \$17

**Every day create your bowl from*
our Salad buffet - \$19

WEEKEND BRUNCH

Parfait - 16\$
Housemade granola, vanilla yogurt,
berry compote and honey

Chia Pudding - 14\$
Coconut milk, chia, and berry compote

Le Bon Pan Croissant - 11\$
with nutella cream or citrus jam and
butter

Loaf Pancake - 15\$
Pancake, berry compote, maple syrup

Soup - \$10.95
Minestrone with meatballs served with
our focaccia

Scrambled Egg and bacon - \$17
Egg, feta cheese, bacon, sautéed
spinach, and mushroom served with
our focaccia

Menemen (egg dish) - \$16
Tomato, eggs, and goat cheese served
with our focaccia

Frittata - \$19
Egg, spinach, mushroom, potato and
sausage