



# NEW! GROCERY & ALCOHOL DELIVERY SERVICE

New this spring! The COVID-19 situation has meant that the Mountain Pantry Grocery & Liquor Store has stopped its normal daily operation. However, we are happy to announce that the Mountain Pantry is now offering a grocery & alcohol delivery service – order from the comfort of your own home and have your order delivered directly to your door! Our staff will take the utmost care to provide you with a seamless and socially / physically distanced shopping experience.

## ORDERS

Please find the order sheet at the end of this PDF, and please use item #'s when submitting your order.

Phone: **(250) 423-2056**

Monday through Friday from 11am - 4pm

Email: [grocery@skifernie.com](mailto:grocery@skifernie.com)

## PAYMENT

Payment can be made in advance over the phone or upon delivery.

Credit card or debit card payments are accepted.

## DELIVERIES

Orders will be delivered the following day, Tuesdays through Saturdays from 3pm-5pm.

### Delivery Fees:

**Ski Hill \$5 / Town of Fernie \$10**  
**Free Delivery with orders over \$200**

### Delivery Options Include:

- No Contact Delivery Service (customer prepays for their order and our staff will leave your order at your doorstep)
- Customer payment upon delivery at the door (credit / debit accepted)

*\*Please Note: For all orders including alcohol — customer must be age 19 or over to receive the order and show proof of age with valid ID (2 pieces if required)*

## Safety First!

The safety and well-being of everyone who uses the Mountain Pantry Grocery delivery service is always our top priority. We are actively monitoring the coronavirus (COVID-19) situation and are taking steps to help keep our community safe.

We have a robust cleaning and sanitation procedures in place. Our team members regularly wash their hands and always do so when switching tasks and frequent wipe down of pin-pads, door handles, vehicles and surfaces. Our drivers and order assembly teams are provided with sanitization products and masks to prevent the spread of COVID-19 upon delivery.

Thank you for choosing the Mountain Pantry Grocery Delivery service. We look forward to opening our doors back up and seeing you in person again soon!

# GROCERY DELIVERY

ITEM#	ITEM DESCRIPTION	SIZE		SALE PRICE
<b>FROZEN BEEF STEAK</b>				
A1	STEAK SIRLOIN AA	24	8OZ	\$ 190.00
A2	AAA FLAT IRON STEAK	27	6OZ	\$ 190.00
A3	STEAK STRIPLOIN AA	24	8OZ	\$ 250.00
<b>FROZEN PRIMAL CUTS</b>				
		<b>Portion Guide</b>		
B1	WHOLE AAA STRIPLOIN	approx 24 x 8oz steaks	11-13LBS	\$ 150.00
B2	WHOLE AA TOP SIRLOIN	approx 6 x roast	11-13LBS	\$ 100.00
B3	WHOLE RIBEYE BONELESS	approx 24 x 8oz steaks	12-15LBS	\$ 190.00
B4	WHOLE ELK RACK	1	1.4KG	\$ 85.00
B5	WHOLE BISON TENDERLOIN	1	2.6KG	\$ 235.00
B6	WHOLE BISON TENDERLOIN	1	2.2KG	\$ 200.00
B7	WHOLE BISON TENDERLOIN	1	2.5KG	\$ 225.00
B8	LAMB SIRLOIN	1	2.2LBS	\$ 35.00
<b>FROZEN GROUND MEAT</b>				
C1	BEEF GROUND	1	5KG	\$ 95.00
C2	ELK GROUNDS	1	10lb	\$ 115.00
<b>SEAFOOD</b>				
D1	ATLANTIC SALMON	26 x 6oz fillets	10LB	\$ 210.00
D2	SEAFOOD MIX MEDLEY (shrimp, calamari, cooked mussels & cooked clams)	1	400G BAG	\$ 15.00
D3	SEAFOOD BOX - 3lbs mussels, 4x 8oz cod, 6x 6oz salmon, bag of king prawns, & 500g of scallops	1 box		\$ 110.00
D4	SHRIMP RAW PEELED	21/25 per lb	5LB	\$ 59.00
<b>FROZEN POULTRY</b>				
E1	CHICKEN BREAST FROZEN	approx 28 x 5oz	4 KG	\$ 55.00
E2	CHICKEN BREAST SKIN ON WITH DRUMMET	approx 18 x 7.5oz	4KG	\$ 75.00
E3	CHICKEN BREAST BREADED	approx 30 x 4.5oz	4KG	\$ 80.00
E4	CHICKEN TENDERS BREADED		4KG	\$ 60.00
E5	CHICKEN TENDERS SUPREME CRUNCH		4KG	\$ 75.00
E6	CHICKEN WING FULLY COOKED	Approx 88 wings	4KG	\$ 70.00
<b>FROZEN BURGER PATTY</b>				
F1	CASE BEEF BURGER HOMESTYLE	80	4OZ	\$ 130.00
F2	BAG BEEF BURGER HOMESTYLE	20	4OZ	\$ 40.00
F3	CASE BEEF BURGER HOMESTYLE	60	5.3OZ	\$ 130.00
F4	BAG BEEF BURGER HOMESTYLE	15	5.3OZ	\$ 40.00
F5	CASE BEEF BURGER BUTCHER STYLE	24	7OZ	\$ 68.00
F6	BURGER VEG BEYOND MEAT	40	4 OZ	\$ 120.00
F7	BURGER VEGETABLE SPICY BLACK BEAN	48	93 GR	\$ 70.00
<b>BACON &amp; SAUSAGE</b>				
G1	CASE BACON PRE-COOKED	300 slices		\$ 95.00
G2	BAG BACON PRE-COOKED	100 slices		\$ 35.00
G3	BACON SLICED REGULAR CUT FROZEN	1	11LBS	\$ 50.00
G4	SLICED CHARCUTERIE TRIO	1	150GR	\$ 7.00
G5	SAUSAGE - DEBREZINI	1	12PK	\$ 24.00
G6	VEGGY TOFU DOGS	1	10PK	\$ 12.00
G7	BEYOND SAUSAGE CRUMBLE ITALIAN - VEGETARIAN	1	5LB BAG	\$ 60.00

<b>DAIRY</b>				
F1	MILK 2%	1	4LT	\$ 7.49
F2	LARGE EGGS	1	30FLAT	\$ 11.00
F3	BUTTER SALTED	1	454GR	\$ 6.00
F4	WHIPPED CREAM AEROSOL	1	400GR	\$ 7.00
F5	BRIE	1	125GR	\$ 6.00
F6	MASCARPONE	1	450GR	\$ 10.00
F7	SLICED CHEDDAR CHEESE	12 SLICES		\$ 6.00
<b>FROZEN SOUPS/ENTRES</b>				
G1	CHICKEN WICKED THAI STY - CASE	4	1.89Ltr	\$ 70.00
G2	CHICKEN WICKED THAI STY - BAG	1	1.89Ltr	\$ 20.00
G3	TOMATO BISQUE WITH BASIL -CASE	4	1.89Ltr	\$ 50.00
G4	TOMATO BISQUE WITH BASIL -BAG	1	1.89Ltr	\$ 15.00
G5	ROASTED CHICKEN NOODLE & HERB SOUP- CASE	4	1.89Ltr	\$ 45.00
G6	ROASTED CHICKEN NOODLE & HERB SOUP- BAG	1	1.89Ltr	\$ 12.00
G7	LOADED BAKED POTATO SOUP - CASE	4	1.89Ltr	\$ 45.00
G8	LOADED BAKED POTATO SOUP - BAG	1	1.89Ltr	\$ 12.00
G9	KLONDIKE CHILI	1	4LB (6 servings)	\$ 20.00
G10	VEGGY CHILI	1	4LB (6 servings)	\$ 20.00
G11	DELUXE MAC & CHEESE	1	5LB (7 servings)	\$ 25.00
<b>FROZEN APPETIZERS</b>				
H1	CAULIFLOWER BITES	6	2LB	\$ 50.00
H2	CHEESE STICK MOZZARELLA (Approx 150 pieces)	1	5 LB	\$ 50.00
H3	DEEP FRIED MUSHROOM (Approx 80 pieces)	1	5LB	\$ 30.00
H4	FRENCH FRIES	1	4.5LB BAG	\$ 6.00
H5	SEED POMEGRANATE FROZEN	1	5.3 OZ	\$ 10.00
<b>FROZEN BAKED GOODS</b>				
I1	CINNAMON BUN W/CREAM CHEESE	1	12PCK	\$ 24.00
I2	BROWNIE SHEET	1	2.88KG	\$ 35.00
I3	MUFFIN - BLUE BERRY	1	18PK	\$ 20.00
I4	MUFFIN - BANANA NUT	1	18PK	\$ 20.00
I5	MUFFIN - HONEY BRAN	1	18PK	\$ 20.00
I6	MUFFIN - DOUBLE CHOCOLATE	1	18PK	\$ 20.00
I7	COOKIE DOUGH - MONSTER	128	56GR	\$ 55.00
I8	COOKIE DOUGH - CHOC CHIP	128	56GR	\$ 55.00
I9	COOKIE DOUGH - DBL CHOCOLATE	128	56GR	\$ 55.00
I10	HAMBURGER BUN BLACK AND WHITE SEED	1	6PACK	\$ 5.00
I11	HAMBURGER BUN GLOSSY	1	6PACK	\$ 5.00
I12	TORTILLA 12" TOMATO	1	12CT	\$ 5.00
I13	PANINI SOURDOUGH	1	LOAF	\$ 7.00
I14	PANINI MULTIGRAIN	1	LOAF	\$ 8.00
<b>FRESH PRODUCE</b>				
J1	ORANGES	1	12PK	\$ 12.00
J2	ENGLISH LONG CUCUMBERS	1	Each	\$ 2.99
J3	TOMATOES	1	Each	\$ 1.99
J4	ROMAINE	1	Each	\$ 2.99
J5	GRANNY SMITH APPLES	1	12PK	\$ 10.00
J6	RED DELICIOUS APPLE	1	12PK	\$ 8.00
J7	CELERY	1	STLK	\$ 4.99
J8	JUMBO CARROTS	1	12PK	\$ 8.00
J9	CARROTS BABY PEELED	1	2LB	\$ 8.00
J11	YELLOW JUMBO ONIONS	1	12PK	\$ 10.00
J13	RUSSET POTATOES	1	12PK	\$ 12.00
J14	ASSORTED VEGETABLE BOX	1	12LBS	\$ 30.00
J15	ASSORTED FRUIT BOX	1	12LBS	\$ 30.00

<b>BEVERAGES</b>				
K1	2L COKE	1	2Ltr	\$ 3.50
K2	2L Sprite	1	2Ltr	\$ 3.50
K3	2L Gingerale	1	2Ltr	\$ 3.50
K4	Smart Water 1L	1	1Ltr	\$ 3.50
K5	Cranberry Ocean Spray Cocktail	1		\$ 6.99
K6	1.89L Clamato Motts	1	1.89Ltr	\$ 7.50
K7	CHAI TEA CONCENTRATE 32 OZ	1	946ml	\$ 7.00
K8	COFFEE BEAN WHL CAF ESPRSO RST	1	1LB	\$ 17.00
K9	COFFEE DECAF ESPRSO RST WHL BN	1	1LB	\$ 17.00
K10	COFFEE GRND PIKES PLACE	1	9 OZ BAG	\$ 10.00
K11	SAUCE CARAMEL	1	63 OZ	\$ 35.00
K12	SAUCE CHOCOLATE SEMISWEET	1	63 OZ	\$ 30.00
K13	SAUCE WHITE CHOCOLATE	1	63 OZ	\$ 35.00
K14	TAZO TEA - WILD SWEET ORANGE	1	24CT	\$ 7.00
K15	TAZO TEA - EARL GREY	1	24CT	\$ 7.00
K16	TAZO TEA - REFRESH MINT	1	24CT	\$ 7.00
K17	TAZO TEA - CHAI	1	24CT	\$ 7.00
K18	TAZO TEA - CALM	1	24CT	\$ 7.00
K19	TEAVANNA - GINGER PEACH	1	24CT	\$ 7.00
K20	TEAVANNA - EARL GREY	1	24CT	\$ 7.00
K21	TEAVANNA - HIBISCUS SPICE	1	24CT	\$ 7.00
K22	TEAVANNA - ENGLISH	1	24CT	\$ 7.00
K23	TEAVANNA - JASMINE CITRUS	1	24CT	\$ 7.00
K24	RED ROSE - ORANGE PEKOE	1	100CT	\$ 10.00
<b>CANDY/CHOCOLATE</b>				
L1	CASE CHOCOLATE BAR - AERO	1	48CT	\$ 65.00
L2	CASE CHOCOLATE BAR - MARS	1	48CT	\$ 65.00
L3	CASE CHOCOLATE BAR - COFFEE CRISP	1	48CT	\$ 65.00
L4	CASE CHOCOLATE BAR - CARAMILK	1	48CT	\$ 65.00
<b>ITEM</b>		<b>SIZE</b>		<b>SALE PRICE</b>
<b>GROCERY ITEMS</b>				
M1	Club House La Grille Montreal Steak Spice		188g	\$ 7.99
M2	Hy's Seasoning Salt		225g	\$ 4.99
M3	Gourmet Chili Powder		53g	\$ 7.99
M4	Gourmet Curry Powder		45g	\$ 7.99
M5	Gourmet Garlic Powder		70g	\$ 7.99
M6	Gourmet Italian season		18g	\$ 6.99
M7	Gourmet Mint		14g	\$ 6.99
M8	Gourmet Oregano Leaves		14g	\$ 6.99
M9	Gourmet Poultry Seasoning		27g	\$ 6.99
M10	Gourmet Rosemary Leaves		20g	\$ 6.99
M11	Sea Salt Grinder		60g	\$ 3.99
M12	Whole Pepper Grinder		35g	\$ 3.99
M13	Windsor Salt & Pepper		113g/42g	\$ 7.49
M14	Western Family Pure Canola Oil		473ml	\$ 3.49
M15	Western Family Coconut Oil Spray		113g	\$ 4.99
M16	Western Family Extra Virgin Olive Oil		250ml	\$ 5.99
M17	Taipan Sesame Oil		180ml	\$ 4.59
M18	Western Family Balsamic Vinegar		250ml	\$ 4.99
M19	Heinz White Vinegar		375ml	\$ 2.49
M20	Heinz Malt Vinegar		375ml	\$ 2.49
M21	Kikkoman Soya Sauce		296ml	\$ 4.99
M22	L&P Worcestershire		142ml	\$ 3.99
M23	Newman's Own Salad Dressing- Caesar		350ml	\$ 4.99
M24	Newman's Own Salad Dressing- Olive Oil & Vinegar		350ml	\$ 4.99

M25	Kraft Rancher's Choice Salad Dressing		250ml	\$	3.50
M26	Hellmanns Mayo Squeeze 340ml		340ml	\$	5.49
M27	McILHenny Tabasco 57ml		57ml	\$	4.99
M28	McILHenny Tabasco 142ml		142ml	\$	7.99
M29	Western Family Red Chili Spread		300g	\$	4.99
M30	French's Mustard		225ml	\$	2.99
M31	Grey Poupon		200ml	\$	5.99
M32	Heinz Ketchup 375ml		375ml	\$	3.99
M33	Bulls Eye Bold BBQ		425ml	\$	4.99
M34	HP Sauce		400ml	\$	6.49
M35	Knorr Onion Soup Mix		55g	\$	2.99
M36	Chili Seasoning Club House		35g	\$	2.99
M37	Vegetable Broth 946ml		946ml	\$	3.99
M38	Campbell's Beef Broth		900ml	\$	3.99
M39	Campbell's Chicken Broth		900ml	\$	3.99
M40	Kikkoman Panko		227g	\$	4.49
M41	Stove Top Turkey Stuffing		120g	\$	2.49
M42	Old Elpaso Taco Dinner Kit Hard /Soft		340g	\$	6.99
M43	Sriracha Sauce		740ml	\$	6.99
M44	Franks Red Hot Sauce		354ml	\$	6.49
M45	Western Family Smoke Oysters		85g	\$	2.99
M46	Western Family Flaked Tuna		170g	\$	2.99
M47	Sockeye salmon Gold Seal		213g	\$	6.99
M48	Western Family Whole Baby Clams		142g	\$	3.99
M49	Western Family Coconut milk		400ml	\$	2.99
M50	DelMonte Peach Slice		398ml	\$	3.49
M51	Sunshine Farms Pickled Asparagus		1L	\$	12.99
M52	Baby Garlic Dill Pickles		500ml	\$	4.99
M53	Unico Kalamata Olives		375ml	\$	5.49
M54	Western Family Capers		100ml	\$	3.49
M55	Western Family Artichoke Hearts Jar		170ml	\$	2.99
M56	Old El Paso Jalapenos		250ml	\$	3.99
M57	Western Family Basmati Rice		907g	\$	4.99
M58	Western Family Long Grain Rice		907g	\$	4.99
M59	Knorr Alfredo Pasta Mix		37g	\$	2.49
M60	Classico Tomato Basil Pasta Sauce		650ml	\$	5.49
M61	Hunts Tomato Paste		156ml	\$	1.49
M62	Western Family Diced Tomato		796ml	\$	2.95
M63	Hunts Tomato SAUCE		398ml	\$	2.49
M64	Catelli Oven Ready Lasagna		375g	\$	4.99
M65	Catelli Veg Fusilli Pasta		375g	\$	4.49
M66	Tinkyada Brown Rice Spaghetti		340g	\$	5.75
M67	Primo Linguine		900g	\$	3.95
M68	Primo Penne		900g	\$	3.95
M69	Primo Spaghetti		900g	\$	3.95
M70	Western Family Mandarin Oranges		284ml	\$	1.99
M71	Apple Sauce Fruitsations		6x104ml	\$	3.99
M72	Western Family Pineapple Chunks		398ml	\$	2.99
M73	Cranberry Sauce WF 348ml		348ml	\$	3.89
M74	Lipton Chicken Noodle		166g	\$	3.99
M75	Campbell's Vegetable Soup		284ml	\$	2.49
M76	Campbell's Chicken Soup		284ml	\$	2.42
M77	Campbell's Tomato Soup		284ml	\$	2.49
M78	Campbell's Mushroom Soup		284ml	\$	2.49
M79	Campbell's Veg Beef Chunky		540ml	\$	3.49
M80	Primo Hearty Chicken		540ml	\$	3.49
M81	KD Cups		58g	\$	1.99
M82	Stagg Chili Can		425g	\$	4.99
M83	Chef Boyardee Mini Ravioli		425g	\$	2.99
M84	Money's canned Mushrooms		284ml	\$	2.99
M85	Western Family Beans in Tomato Sauce		398ml	\$	1.49

MEDICINE					
N1	Chapstick Classic Mint	Green			\$ 3.99
N2	Chapstick Sunblock Active SPF 30	Yellow			\$ 3.99
N3	Blistex Lip Medex	Blue Jar			\$ 3.99
N4	Blistex Medicated Lip Ointment	Red			\$ 3.99
N5	Blistex Ultra Protection	Light Blue			\$ 3.99
N6	Tylenol Hanging Extra ST 10pk				\$ 3.99
N7	Advil Liquid Gels 12pk				\$ 5.99
N8	Advil Extra Strength 10pk				\$ 5.99
N9	Gravol Tablets Day Time 20pk				\$ 9.49
N10	Gravol Tablets Night Time 16pk				\$ 11.49
N11	Tylenol CHILD Liquid Banana				\$ 10.99
N12	B&L Contacts Solution				\$ 13.99
N13	Visine Red Eye				\$ 7.49
N14	Vicks VapoRub				\$ 7.21
N15	Vicks Cough Liquid (DayQuil)				\$ 15.99
N16	Dristan Nasal Spray				\$ 8.99
N17	Reactine Extra Strength Antihistamine				\$ 11.99
N18	Reactine Junior Fast Melts Antihistamine	Pink NEW			\$ 12.99
N19	Vicks NyQuil Cold & Flu Liquid Caps				\$ 9.99
N20	Tylenol Day/Night Cold Extra Strength				\$ 10.99
N21	Advil Cold & Sinus				\$ 10.99
N22	Dristan Tablets				\$ 9.99
N23	Vicks DayQuil Liquid Caps				\$ 13.99
N24	Tylenol Extra St 500mg 24Bottle (box)				\$ 6.49
N25	Tylenol Muscle & Body 16Bottle (box)				\$ 5.99
N26	Aleve Naproxen 24 tablets				\$ 7.99
N27	Advil 24pk Caplets (box)				\$ 5.99
N28	Motrin Tablets (box)				\$ 5.99
N29	Aspirin Regular 325mg (box)				\$ 4.99
N30	Pepto Bismol Caps 24S				\$ 7.99
N31	Pepto Bismol liquid 115ml				\$ 6.99
N32	Gaviscon				\$ 9.99
N33	Eno				\$ 4.99
N34	Tums Fruit Extra Strength 100 count bottle				\$ 6.99
N35	Tums Peppermint regular 150 count bottle				\$ 6.99
N36	J&J First Aid Gauze	Purple			\$ 5.49
N37	Band-Aid Water Block Plus				\$ 8.49
N38	Band-Aid Antibacterial Plus				\$ 8.99
N39	Polysporin Creams				\$ 10.99
N40	Ex Lax Chocolate Pieces				\$ 5.99
N41	Imodium Liquid Gels				\$ 9.49
N42	Preparation H Ointment				\$ 12.49
N43	Voltaren Emulgel				\$ 12.49
HEALTH AND BEAUTY					
O1	Gillette Blades 5pk				\$ 26.99
O2	Gillette Blades 5pk				\$ 26.99
O3	Schick Hydro 5 Razor				\$ 17.99
O4	Bic Soleil Disposable Razors 4 pack				\$ 8.49
O5	Touch Toothpicks Round		250		\$ 2.49
O6	Crest Glide Floss				\$ 4.99
O7	Colgate Zig Toothbrush Soft		indiv		\$ 3.99
O8	Colgate Zig Toothbrush Med		indiv		\$ 3.99
O9	Band-Aid Travel Pack		8 PACK		\$ 1.19
O10	J&J Hurt Free Tape 2 inch				\$ 9.99
O11	Listerine Mouth Wash		250ml		\$ 4.99
O12	Sensodyne 100ml Tooth Paste		100ml		\$ 6.99
O13	Crest/Scope Toothpaste		125ml		\$ 4.99
O14	Crest Cavity Regular Toothpaste		130ml		\$ 3.49
O15	Crest Tartar Toothpaste		130ml		\$ 3.49
O16	Skintimate Shave Gel		198g		\$ 4.99

O17	Lubriderm		480ml	\$	12.49
O18	Vaseline 50g tube		50g	\$	3.49
O19	PSP Epson Salts		225g	\$	4.49
O20	WF Hydrogen Peroxide 500ml		500ml	\$	2.49
O21	WF Calamine Lotion 250ml		250ml	\$	3.49
O22	OB Pro Comfort Super Tampons		18pack	\$	6.49
O23	Tampax Super Tampons (green)		10pack	\$	4.99
O24	Tampax Regular Tampons (yellow)		10pack	\$	4.99
O25	Tampax Radiant (purple)		16pack	\$	6.99
O26	Playtex Gentle Glide Tampons		20pack	\$	7.49
O27	Always Thin Pads 18 w wings (Green)		18pack	\$	7.99
O28	Always Maxi Pads 18 w Wings (Blue)		18pack	\$	7.99
O29	Always Liners Ultra Thin Pads 60's		18pack	\$	7.99
O30	Head & Shoulders 2 in 1		400ml	\$	9.99
O31	Herbal Essences Conditioner		346ml	\$	6.99
O32	Down Under Shampoo		500ml	\$	4.99
O33	Pantene <b>Conditioner</b> 355ml		355ml	\$	8.49
O34	Pantene Shampoo 375ml		375ml	\$	8.49
O35	Pert Plus 2 in 1 Shampoo/conditioner		500ml	\$	5.49
O36	Herbal Essences Mousse		192g	\$	5.99
O37	Tresemme Hair Spray		155g	\$	6.99
O38	Axe Phoenix Shower Gel 473ml		473ml	\$	6.99
O39	Soft Soap Pom Mango Body wash 532ml		532ml	\$	7.99
O40	Secret Deodorant Women's		48g	\$	5.99
O41	Speed Stick Deodorant Men's		70g	\$	5.99
O42	Body Zone Nail Polish Remover 200ml		200ml	\$	3.99
O43	Soft Hand Soap		236g	\$	5.99
O44	Dove Soap (2 pack 113g)	2	113g	\$	5.49
O45	Trojan Enz 12 Condoms		12	\$	9.99
O46	WF Recycle Bags		30 bags	\$	11.99
O47	Q-Tips		170ct	\$	3.49
O48	BodyZone Cotton Balls		100ct	\$	1.99
O49	Baby Wipes Simply Kids		72ct	\$	4.99
O50	<b>Hand Sanitizer 375ml</b>		375ml	\$	9.99
<b>HOUSEHOLDS</b>					
P1	Scotties Tissues Box		88 sheets	\$	3.99
P2	Bounce Fabric Softener Sheets 80		80 sheets	\$	7.99
P3	Ultra Tide 1-load (Box in Back) 156 in full Box			\$	1.99
P4	Tide Liquid Pods Free & Gentle		1.5lbs	\$	14.99
P5	Glad Large Zipper Bags		20 bags	\$	3.99
P6	Glad Sandwich Bags		50 bags	\$	2.99
P7	WF Aluminum Foil		25ft	\$	2.99
P8	Glad Cling Wrap		36m	\$	2.99
P9	Parchment Paper Culinary 41ft		41ft	\$	4.99
P10	Cut-Rite Wax Paper		75ft	\$	3.49
P11	SOS Scrubber (also in back)		individual	\$	2.25
P12	Scotchbrite Scour Pads		2pack	\$	2.99
P13	WF Kitchen Bags		48 bags	\$	4.99
P14	Glad Garbage Bags		20 large	\$	10.99
P15	Comet Cleaner		400g	\$	1.49
P16	SOS Steel Wool Pads		4 pack	\$	1.49
P17	Fondue Fuel		500ml	\$	3.99
P18	WF Window Washer Fluid (for Car)		3.78L	\$	5.99
P19	Windex Blue Window Cleaner		765ml	\$	7.49
P20	White Swan Napkins		200 serviettes	\$	5.99
P21	Gain Liquid Wash soap		1.47L	\$	9.99
P22	Purex Toilet Paper <b>SINGLES</b>			\$	1.25
P23	Purex BOX Toilet Paper (60 rolls in Box)		60 rolls	\$	44.99
P24	Metro 2 Ply Toilet Paper		48 rolls	\$	34.99

<b>DISHWASHING</b>				
Q1	Cascade Platinum Packs		252g	\$ 13.88
Q2	Finish Jet Dry 250ml		250ml	\$ 10.99
Q3	Dawn Dish Liquid		532ml	\$ 5.29
Q4	Rubber Gloves Flock lined		1 pair	\$ 3.99
<b>SUNSCREEN</b>				
R1	Banana Boat SPF50 Lotion			\$ 14.40
R2	Banana Boat SPF60 Kids			\$ 14.40
R3	Coppertone Sport <b>Spray</b> SPF30 <b>222ml</b>			\$ 15.96
R4	Coppertone Sport SPF30 88ml			\$ 9.50
R5	Deep Woods Off Aerosol Bug Spray			\$ 13.04
<b>BATTERIES</b>				
S1	Western Family AA			\$ 8.04
S2	Western Family AAA			\$ 6.99
S3	AA Energizer			\$ 11.48
S4	AAA Energizer			\$ 13.57
S5	C Energizer			\$ 9.49
S6	D Energizer			\$ 9.68
S7	9Volt Energizer			\$ 9.49
<b>SNACKS</b>				
T1	Dry Roasted Peanuts 700g - Trophy		700g	\$ 6.99
T2	Almond Nut w sea salt - Trophy		250g	\$ 7.99
T3	Honey Roasted Peanut – Trophy 700g <b>NEW</b>		700g	\$ 6.99
T4	Twizzlers Bag		227g	\$ 2.99
T5	Act 11 Micro Popcorn	3	378g	\$ 4.99
T6	Pringles- Original		156g	\$ 3.99
T7	Pringles Sour Cream Onion		156g	\$ 3.99
T8	Pringles BBQ		156g	\$ 3.99
T9	Bits and Bites		175g	\$ 3.99
T10	Orville White Cheddar Popcorn		190g	\$ 3.99
T11	Orville Simply Salted Popcorn		190g	\$ 3.99
T12	Orville Sweet and Salty Popcorn		190g	\$ 3.99
T13	Christie Maple Leaf Cookies		300g	\$ 4.99
T14	Peek Freans Family <b>Chocolate</b> Digestive		300g	\$ 4.99
T15	Tim Tams		200g	\$ 5.49
T16	Anna's Ginger Thins		150g	\$ 4.99
T17	Christie Chips Ahoy		300g	\$ 5.49
T18	Christie Oreo		303g	\$ 5.49
T19	Stoned Wheat Thins		300g	\$ 4.49
T20	Wasa Crackers		275g	\$ 4.49
T21	Triscuit Original		200g	\$ 3.99
T22	Vegetable Thins		200g	\$ 3.99
T23	Toppables		454g	\$ 3.99
T24	Carr's Table Water Bite Biscuits		125g	\$ 4.03
T25	Raincoast crackers Cranberry Hazelnut		150g	\$ 8.59
T26	Mary's Crackers		184g	\$ 8.59
T27	Rice Krispie Squares (full box)		176g	\$ 4.49
T28	PF Goldfish		200g	\$ 4.75
<b>BAKING</b>				
U1	White Sugar Rogers		1kg	\$ 4.49
U2	Robin Hood All Purpose Flour		1kg	\$ 4.49
U3	Elias Honey		500g	\$ 7.99
U4	Chipits Milk Chocolate		270g	\$ 4.99
U5	CH Food Coloring		7.1ml	\$ 2.49
U6	Vanilla Extract Club House Artificial		43ml	\$ 4.49
U7	Reynolds Baking Cups	50 per pack		\$ 1.49
U8	Arm & Hammer Baking Soda		225g	\$ 1.49
U9	Sifto Table Salt 1kg		1kg	\$ 2.49
U10	WF Baking Powder		250g	\$ 3.49



<b>BREAKFAST CEREAL</b>				
V1	Harvest Crunch 560g		560g	\$ 6.99
V2	Raisin Bran cereal 425g		425g	\$ 5.99
V3	Cheerios Honey Nut 430g		430g	\$ 5.99
V4	Cheerios Original 350g		350g	\$ 5.49
V5	Rice Krispies Original 285g Cereal		285g	\$ 5.49
V6	Kellogg's Fun Pack Cereal	8	210g	\$ 5.99
V7	Alpen No Salt Sugar Cereal 650g		650g	\$ 7.99
V8	Pop Tarts Frosted Strawberry		400g	\$ 4.25
V9	Pop Tarts S'mores		400g	\$ 4.25
V10	Robin Hood Quick Oats		110g	\$ 4.99
V11	Quaker Instant Oatmeal Flavour Variety		314g	\$ 4.99
V12	Nutella		375g	\$ 5.49
V13	Kraft Smooth Peanut Butter		500g	\$ 6.49
V14	Almond Butter		250g	\$ 7.99
V15	Smuckers Jams- Raspberry		250g	\$ 3.99
V16	Smuckers Jams- Strawberry		250g	\$ 3.99
V17	Sherriff Good Morning Marmalade		375ml	\$ 4.49
V18	Bobs Gluten Free Pancake Mix		680g	\$ 8.99
V19	Aunt Jamima Pancake Mix		905g	\$ 4.99
V20	Coyote Pancake/Waffle Mix		900g	\$ 5.49
V21	Western Family Organic Maple Syrup		375ml	\$ 10.99
V22	Aunt Jamima Syrup		375ml	\$ 3.99
<b>FROZEN GROCERY</b>				
W1	Pizza Pops- Pepperoni and Bacon (4)		400g	\$ 4.99
W2	Pizza Pops- Deluxe (4)		400g	\$ 4.99
W3	Pizza Pops- 3 cheese (4)		400g	\$ 4.99
W4	Casi de Mama- Deluxe	1	410g	\$ 6.99
W5	Casi de Mama- Hawaiian	1	410g	\$ 6.99
W6	Restaurante Spinach	1	390g	\$ 6.99
W7	Michelians- Lasagna Alfredo	1	225g	\$ 4.75
W8	Michelians- Lasagna Meat Sauce	1	225g	\$ 4.75
W9	Real Deal Pies- Curry Steak	1	210g	\$ 6.25
W10	Real Deal Pies- Ground Beef & Gravy	1	210g	\$ 6.25
W11	Real Deal Pies- Steak, Cheese & Chili Flake	1	210g	\$ 6.25

	ITEM	SIZE	SALE PRICE
<b>BEER</b>			
X1	Kokanee 6pk Cans	6	355ml \$ 12.50
X2	Kokanee 12pk Regular Bottles	12	341ml \$ 24.99
X3	Kokanee 15pk Cans	15	355ml \$ 26.95
X4	<i>Shock Top</i> 12pk Bottles	12	341ml \$ 27.99
X5	Michelob Ultra 6pk Cans NEW	6	355ml \$ 11.99
X6	Natty Light 15pk Cans	15	355ml \$ 21.99
X7	Natty Light 8pk Cans NEW	8	355ml \$ 12.99
X8	Mill St Organic 6pk Cans	6	355ml \$ 12.99
X9	<i>Alex Keith's</i> 8pk Cans	8	355ml \$ 16.99
X10	Bud Light Chelada 6pk Cans	6	355ml \$ 16.49
X11	Bud Light 6pk Cans	6	355ml \$ 12.30
X12	Bud Light 15pk Cans	15	355ml \$ 26.95
X13	Budweiser Black 4pk Cans	4	355ml \$ 12.99
X14	Budweiser 8pk Cans	8	355ml \$ 15.82
X15	Budweiser 12pk Bottles	12	341ml \$ 24.99
X16	Bud Light ORANGE 12pk Cans	12	355ml \$ 27.78
X17	Bud Prohibition 6 Cans <i>non alcohol</i>	6	355ml \$ 9.49
X18	Corona 6pk Bottles	6	330ml \$ 15.74
X19	Corona 6pk Sleek CANS	6	355ml \$ 15.50
X20	Stella 6pk Bottles	6	330ml \$ 15.74
X21	Stella 12pk 330mls Cans	12	330ml \$ 29.99
<b>COOLERS</b>			
X22	Motts Caesar 4pk Bottles	4	355ml \$ 12.99
X23	Palm Bay Tang/Lime 6 pack cans	6	355ml \$ 12.99
X24	Nutrl 6 pack cans	6	355ml \$ 13.99
X25	Okanagan 6pk	6	355ml \$ 12.99
X26	American Vintage Iced Tea cans	6	355ml \$ 13.99
X27	American Vintage Iced Tea <u>Barely</u> can	6	355ml \$ 13.99
<b>WINE</b>			
Y1	Mezzomondo Negroamaro Italian	750ml	Italian \$ 13.99
Y2	Masi Valpolicella Bonacosta	750ml	Italian \$ 19.99
Y3	Masi Compofiorin	750ml	Italian \$ 23.99
Y4	Ruffino Chanti	750ml	Italian \$ 16.99
Y5	Santa Margher Pinot Grigio	750ml	Italian \$ 21.99
Y6	Bolla Pinot Grigio	750ml	Italian \$ 15.99
Y7	Wolf Blass Red Shiraz Cabernet Sauv	750ml	Australia \$ 15.99
Y8	Monkey Bay Sauv Blanc	750ml	NewZealand \$ 15.99
Y9	Oyster Bay Pinot Grigio	750ml	NewZealand \$ 21.99
Y10	Oyster Bay Sauv Blanc	750ml	NewZealand \$ 21.99
Y11	Oyster Bay Chardonnay	750ml	NewZealand \$ 21.99
Y12	Oyster Bay Merlot	750ml	NewZealand \$ 21.99
Y13	Vieille Ferme White France	750ml	NewZealand \$ 14.99
Y14	Vieille Ferme Rose	750ml	NewZealand \$ 14.99
Y15	Vieille Ferme Red	750ml	NewZealand \$ 14.99
Y16	Chateau Pey La Tour Bordeaux	750ml	NewZealand \$ 21.48
Y17	Beaujolas	750ml	NewZealand \$ 15.99
Y18	Louis Latour Chardonnay	750ml	NewZealand \$ 26.99
Y19	Louis Latour Pinot Noir	750ml	NewZealand \$ 30.99
Y20	Bottega Gold		Sparkling \$ 33.99
Y21	Henkell Trocken		Sparkling \$ 16.99
Y22	Prosecco Villa Teresa Organic (FRIZZ)		Sparkling \$ 19.99
Y23	Rose Villa Teresa Organic (FRIZZ)		Sparkling \$ 18.99
Y24	Veuve Clicquot		Champagne \$ 73.99
Y25	Mission Hill Reserve Chardonnay Canada	750ml	Canada \$ 23.99
Y26	5V Mission Hill Five Pinot Noir RED	750ml	Canada \$ 20.99
Y27	5V Mission Hill Five Cab Merlot	750ml	Canada \$ 19.99
Y28	Cedar Creek Merlot	750ml	Canada \$ 21.99
Y29	Road13 74K	750ml	Canada \$ 27.99
Y30	Rigamarole White	750ml	Canada \$ 15.99

Y31	Rigamarole Rose		750ml	Canada	\$	15.99
Y32	Rigamarole Red		750ml	Canada	\$	15.99
Y33	Jack Trig Pinot Grigio		750ml	Canada	\$	11.99
Y34	Jack Trig Sauvignon Blanc		750ml	Canada	\$	11.99
Y35	Jack Trig Chardonnay		750ml	Canada	\$	11.99
Y36	Jack Trig Riesling Gewurztraminer		750ml	Canada	\$	14.99
Y37	Prospect G&L Pinot Grigio	Canada	750ml	Canada	\$	15.99
Y38	Prospect G&L Pinot Blanc		750ml	Canada	\$	15.99
Y39	Prospect G&L Pinot Noir		750ml	Canada	\$	17.99
Y40	See Ya Later Chardonnay		750ml	Canada	\$	20.49
Y41	See Ya Later Pinot Noir		750ml	Canada	\$	23.99
Y42	Wine O'clock Pinot Grigio		750ml	Canada	\$	11.99
Y43	Wine O'clock Shiraz		750ml	Canada	\$	11.99
Y44	Painted Turtle Pinot Grigio		750ml	Canada	\$	11.99
Y45	Painted Turtle Shiraz		750ml	Canada	\$	11.99
Y46	Dona Paula Los Cardos Malbec		750ml	Argentina	\$	14.99
Y47	Alamos Malbec		750ml	Argentina	\$	16.44
Y48	Las Acequias Malbec		750ml	Argentina	\$	26.49
Y49	Don David Cabernet Sauvignon		750ml	Argentina	\$	16.99
Y50	1884 Malbec Reserva		750ml	Argentina	\$	19.99
Y51	1884 Syrah Reserva		750ml	Argentina	\$	19.99
Y52	Goats Do Roam		750ml	South Africa	\$	16.99
Y53	Wolftrap Syrah		750ml	South Africa	\$	15.99
Y54	Castello de Almansa Red		750ml	Spain	\$	16.99
Y55	Beso De Vino Red		750ml	Spain	\$	13.99
Y56	120 Santa Rita Sauvignon Blanc		750ml	Chile	\$	12.99
Y57	120 Santa Rita Cabernet Sauv		750ml	Chile	\$	12.99
Y58	Santa Carolina Cab Res		750ml	Chile	\$	15.99
Y59	Cono Sur Viognier Bicicleta		750ml	Chile	\$	12.99
Y60	Cono Sur Sauv Blanc Organic - White Wine		750ml	Chile	\$	16.99
Y61	Cono Sur Cab Organic - Red Wine		750ml	Chile	\$	16.99
Y62	Carnivor Cab Sauv		750ml	USA	\$	18.99
Y63	Ravenswood Zinfandel		750ml	USA	\$	18.99
Y64	Rodney Strong Merlot		750ml	USA	\$	27.99
Y65	Rodney Strong Cab Sauv		750ml	USA	\$	28.99
<b>SPIRITS</b>						
Z1	Jagermister 750ml		1	750ml	\$	35.99
Z2	Jagermister 375mls		1	375ml	\$	19.99
Z3	FireBall 750ml		1	750ml	\$	25.99
Z4	FireBall Small 375ml		1	375ml	\$	15.00
Z5	Glenlivet 12 yr Scotch		1	750ml	\$	59.99
Z6	Glenmorangie Scotch		1	750ml	\$	72.99
Z7	Laphroaig 10yr old Scotch		1	750ml	\$	82.99
Z8	Oban Single Malt Scotch		1	750ml	\$	140.99
Z9	McClelland's Islay Scotch Whisky		1	750ml	\$	44.99
Z10	EL Jamador Reposado Gold		1	750ml	\$	33.99
Z11	Hornitas Tequila 750ml		1	750ml	\$	35.99
Z12	Gordons Dry Gin	Gin	1	750ml	\$	25.99
Z13	Bombay Sapphire Gin		1	750ml	\$	29.99
Z14	Crown Royal		1	750ml	\$	28.99
Z15	Gibsons 12yr		1	750ml	\$	33.99
Z16	Jack Daniels Original		1	750ml	\$	36.99
Z17	Jameson Irish Whiskey		1	750ml	\$	35.99
Z18	Ballantine's Finest		1	750ml	\$	27.99
Z19	Canadian Club Small		1	375ml	\$	13.99
Z20	Smirnoff-Red Vodka		1	375ml	\$	13.99
Z21	D'Eaubonne VSOP Brandy		1	375ml	\$	13.99
Z22	Captain Morgan Spiced		1	375ml	\$	15.99
Z23	Martini Vermouth		1	750ml	\$	9.99
Z24	Alberta Springs		1	750ml	\$	25.99
Z25	J.P. Wisers Deluxe		1	750ml	\$	26.99

Z26	Canadian Club 750mls	1	750ml	\$	25.99
Z27	Drambuie	1	750ml	\$	45.99
Z28	Triple Sec	1	750ml	\$	23.49
Z29	Disaronno Amaretto	1	750ml	\$	29.99
Z30	Cointreau	1	750ml	\$	35.99
Z31	Stolichnanya 375mls <i>Vodka</i>	1	375ml	\$	14.49
Z32	Stolichnanya Vodka 750ml	1	750ml	\$	28.99
Z33	Stolichnanya Elit Vodka 750ml	1	750ml	\$	63.99
Z34	Appletons Rum <i>Rum</i>	1	750ml	\$	29.99
Z35	Malibu Rums	1	750ml	\$	24.99
Z36	Sailor Jerry Rum	1	750ml	\$	32.99
Z37	Bacardi Gold	1	750ml	\$	25.99
Z38	Bacardi White	1	750ml	\$	25.99
Z39	Captian Morgan Spiced	1	750ml	\$	29.99
Z40	Amarula	1	750ml	\$	27.99
Z41	Kahlua	1	750ml	\$	27.99
Z42	Carolans	1	750ml	\$	26.99
Z43	Baileys	1	375ml	\$	18.49
Z44	Baileys 750ml	1	750ml	\$	29.99
Z45	McGuinness Peach	1	750ml	\$	22.99
Z46	McGuinness Peppermint	1	750ml	\$	22.99
Z47	Stolichnanya Razberi	1	750ml	\$	26.99
Z48	Stolichnanya Blueberi	1	750ml	\$	26.99

#### TOBACCO

TO1	Colts Cigar (8 cigars) 10 packages in carton				17.30
TO2	Captian Black (8 cigars) 10 packages in carton				18.30
TO3	Zig Zag Papers (25 in box)				3.57
TO4	Belmont Kings				18.25
TO5	Canadian Classic Reg Blue				17.00
TO6	Next Gold				16.50
TO7	Next Blue				16.50
TO8	Next Red King				17.00
TO9	Players Blue Reg				18.50
TO10	Export A Ultra <i>Light Blue</i>				17.00
TO11	Export A Smooth <i>Gold</i>				17.00
TO12	DuMaurier Distinct Sliver /Blue				18.25
TO13	DuMaurier Red Kings Signature				18.25
TO14	Pall Mall Blue xl Smooth King <i>New</i>				16.75
TO15	No 7 Red				17.25