Recommended Rides

**Ridgemont**

For a quick yet satisfying loop start at the Cemetery By-Pass trailhead, continue up Kiddy Up, Queen V and hit the boardwalks on Eco-Terrorist. Head over to Deadfall and at 4 Corners hang a right on R-Trail. Cross the road to find the Kid’s Stuff trailhead, take Eric's Trail and finally Space Unicorn for some more downhill fun. This loop can be configured many different ways depending on time or ability.

**Montane & Castle**

Starting off at Coal Creek Bridge by the Montane barn leads you to many possibilities - either for an intermediate ride or more advanced. Head out through Montane to Lower Uprooted, then go straight on For Evyr to complete the Montane loop, or turn left up Ruby’s Way to find New Roots. Once at the top, either ride down Old Roots or continue up the gruelling Hyper Ventilation.

**Mt. Proctor**

Starting off at the Visitor’s Centre parking lot, climb the cruisy Dairy Run trail to the bottom of Swine Flu. Then the fun starts! A technical ascent with challenging switchbacks leads to the top with amazing views of Fernie. Have a quick rest on the bench, lower your seat and take off on some of Fernie’s best downhill. Well worth the climb!

**Mt. Fernie**

There are so many options once you’re on Mt. Fernie or the Provincial Park based on your time and ability. Short on time but want a challenge? Head up Phat Bastard and down Red Sonya. Want to extend that ride? From the top of Phat Bastard continue up and over Mushroom Head and down Dem Bones. Once at the Provincial Park Road, continue right until you hit Gorby bridge. From there, take Gorby to Old Goat, continue on Happy Gilmer and stay left to complete the loop with Sherwoody. This is a great choice on a hot, summer day. For those looking for more challenging downhill head all the way up Gorby to Red Tree Road and take Verboten down. Back on the other side of the park, Project 9 is a must do Fernie classic. The uphill to trailhead is a grunt, but the downhill is so worth it, and great fun for the intermediate to expert rider.
You will find beautiful views at the top. Access the trail head from Rifle Range Road.

**Difficulty:**
- **Elevation Gain:** 741m
- **Distance:** 3.2km

**Fernie Ridge Trail**

heading out on this trail! A descent to Island Lake Lodge. Be prepared before Lake Road and finishing with the Tamarack Trail. An epic hiking trail with over 20km of ups and downs. Scrambling up cliffs is easier. It is a full day hike and you must be fully prepared for a long day in the alpine. This trail can be hiked in sections depending on ability and time. The second bench is a family-friendly, half distance: 4km return 120m

**Difficulty:**
- **Elevation Gain:** 4km return
- **Distance:** 4km (3-5hrs)

**Mt. Fernie**

A steady climb and rewarding views throughout. This is a steep hike, but the views are worth the effort.攀爬至山顶后，即可欣赏到壮丽的景色。

**Difficulty:**
- **Elevation Gain:** 500m (from River Road at Roots trailhead)
- **Distance:** Approx. 5km (3-5hrs)

**Castle Mountain**

Beautiful hiking trails for all abilities. Turnaround at the bench for an easier hike or climb to the smaller peak. This is a steep hike, but the views are worth the effort. This trail is multi-use unless marked otherwise. All trails are non-motorized.

**Difficulty:**
- **Elevation Gain:**
- **Distance:**

**Fernie Trails Overview**

Lodging - Activities - Events
- Dining - Nightlife
- See Fernie Alpine Resort map for more details.
- See Island Lake map for more details.

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**Difficulty:**
- **Elevation Gain:**
- **Distance:**

**Fernie Trails**

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**CASTLE MOUNTAIN**
- Lower Upgraded
- Easy
- Resurrection
- North Westerly
- Castle Rocks
- South Castle

**MORRISSEY RIDGE**
- Al Malaker
- 48 Hrs
- Oli Dingler
- Disappearing
- Three Kings
- Blue Malaker

**RIDGE MOUNT**
- Bridge By-Pass
- What’s Up Doc
- Bridge Box
- Bridge of Viper
- Bridge of Terror
- Broken Deer Jaw
- Trail
- Tantalize
- Tilted Bin Sofa
- Oh Door
- Tilt / Coal Discovery
- Big Trouks Little Cheri Ring
- Fawn

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